

GRADE 7
LIFE ORIENTATION
PARAGRAPH MEMO: ABUSE

Please mark your work with a **GREEN** pen or pencil:

Make sure you have ruled off after completing activity 2.

MEMORANDUM:

TYPES OF ABUSE (5 MARKS):

- 1 mark- **Physical abuse**
- 1 mark- **Emotional abuse**
- 1 mark- **Verbal abuse**
- 1 mark- **Cyber abuse**
- 1 mark- **Sexual abuse**



EXAMPLES FOR EACH (5 MARKS):

- 1 mark- **Physical (Hitting and punching)**
- 1 mark- **Emotional (Constantly teasing and making fun of someone)**
- 1 mark- **Verbal (Swearing and insulting someone)**
- 1 mark- **Cyber (Mean text messages or teasing online)**
- 1 mark- **Sexual (Forcefully touching someone without consent or inappropriate touching)**

WHAT WOULD YOU DO IF YOU WITNESSED ABUSE (5 MARKS):

- If I am at school, I will report it to a teacher.
- If it happened outside of school hours I would speak to an adult or parents about it.
- I would also if it was safe to do so, ask the person experiencing the abuse if they are okay?
- I would call for help verbally and try remove the person from the situation as quickly as possible.
- Use the Coping Skills I was taught in Life Orientation class.

TOTAL- 15 MARKS – PLEASE WRITE YOUR TOTAL AT THE TOP OF ACTIVITY.