

## **Grade 4 PSW**

### **Week 1 Memo**

#### **Activity 1: Feelings at home**

1. A positive emotion are feelings that makes us happy and feel good.
2. A negative emotion are feelings that makes us sad or feel bad.
3. I was very happy when my Mom made me pancakes for breakfast.
4. My older brother made me really scared when he switched off my bedroom light.

\*Any practical answer for number 3 and 4 are accepted as long as the key words were used.

#### **Activity 2: How do we express our emotions?**

1. I would talk to my life skills teacher.
2. I would talk to my teacher because he would give me good advice.
3. Most of the time I start to cry.

\*All answers for activity 2 should be learners own answers. These answers are just examples of typical answers that could be given.