

Lesson 3**Discrimination, stereotypes and bias**
An experiment

*Unfortunately, people with disabilities are often discriminated against too. Can you think of examples? Think about a tallish building with stairs only. How would a person in a wheelchair go up? How are the blind and deaf treated? **Let us always remember to think about the feelings of others – not think less of them because they are different.***

For this activity you will need:

- A bandage or piece of cloth,
- Your PSW class work book (Mrs. Smith's class work book), and
- Your stationery

Instructions:

- 1) Tie a bandage or piece of cloth around the hand that you use to write.
- 2) Now imagine that you're disabled.
- 3) You have to write a diary entry about a day in your new life. Think and write about how you would get dressed, eat, work at school and play with your friends.
- 4) In your diary entry you must also write a paragraph about how difficult it must be to be disabled. What can we do to make life easier for disabled people?