

Activity 5 pg. 60 Memo

- ✓ Spending most of your time talking on the telephone.
- ✓ Spending most of your time talking on the cell phone.
- ✓ Spending most of your time playing computer or tv games.
- ✓ Spending most of your time watching television.
- ✓ Spending most of your time laying on your bed and daydreaming.

Definition

Activity plan

Where you plan your homework, household tasks and set aside time to play.

Time management

Complete the sentences by filling in the most appropriate answer.

1. Watching TV is a time stealer.
2. Making my bed is a chore.
3. It is important to prioritise my chores/to do list.
4. I avoid spending too much time watching tv/playing/laying on the bed sleeping in the day/ playing games/playing on my phone
5. I keep up to date with my homework/reading/chores.